

Who can donate

The basic requirements for donation are:

1. At least sixteen years old (donation requires parental consent prior to age seventeen).
2. Minimum of 110 pounds.
3. In good health.

Donor Eligibility Information

AIDS, high risk and their partners	cannot donate
Allergy, diuretics, diet medications	can donate
Antibiotics, injectable	7-day deferral
Antibiotics, oral for acne	can donate
Antibiotics, oral for infection	can donate after meds complete and free from illness
Arthritis	can donate
Blood Pressure, High	can donate
Cancer	contact CBCO
Colds and flu	cannot donate
Diabetes, controlled	can donate
Flu	cannot donate
Heart Attack or heart surgery	6-months after & released from physician's care; no symptoms or activity restrictions
Hepatitis B Vaccination	4-week deferral
Jaundice, before age 11	can donate
Malaria	3-year deferral
Measles, Mumps, Rubella	4-week deferral
Menstruation	can donate
Piercing, w/sterile, single-use equipment	can donate
Pregnancy	6-week deferral after delivery, miscarriage, or abortion
Surgery, without transfusion	can donate after release from physician's care
Surgery, with transfusion	1-year deferral
Tattoo, in licensed facility	can donate
Tranquilizers, OTC pain relievers	can donate
Travel to Mexico (malarial risk areas)	1-year deferral (note: some areas in Mexico are acceptable for donation)
Travel to Europe (five years or more between 1980 to 1996)	cannot donate