LEADERSHIP WORKSHOP 2023

Community Blood Center of the Ozarks
not-for-profit organization
Making a Difference in Your Community

Why is our school’s partnership with CBCO so important?

CBCO is the sole, not-for-profit blood provider for YOUR community’s hospitals. Almost 40% of the donations needed to provide blood for local patients comes from our high schools and educational organizations. Your support is invaluable, and we appreciate your commitment to your community.

As long as it’s helping someone, why does it matter where I donate?

Patients in our area depend on CBCO donors to provide them with the blood they need. When you give to CBCO, you’re helping your friends, family, and neighbors – literally giving life to your community. Giving blood to a national agency that ships it elsewhere could put local patients at risk, as well as cause confusion about who the blood provider is for our area hospitals. Each day, more than 200 donations are needed to maintain a strong local blood supply.

Your blood drive helps patients like Audrey

When Audrey Yates awoke from an emergent and lifesaving surgery, she was alive thanks to the efforts of doctors and generous blood donors.

Audrey was able to send her donors a personalized note through CBCO’s Thank-The-Donor™ program (see pg. 12) and, it just so happened, both of her donors gave blood at high school blood drives. One of the donors had just turned 16 and was a first-time blood donor.

Informed that she had received blood from a first-time donor, Audrey became emotional. “We used to have blood drives in high school all the time,” she recalled. “I never thought about giving. I had friends that would donate and I always thought ‘I could never do that. That seems so scary.’ Hopefully it’s eye-opening for that person to see as a first-time blood donor – not only that, but at their age – the impact that their blood donation had.”

Audrey hopes that her thank-you note and story inspires others to donate, so that impact becomes even greater. “It’s probably one of the best things that they can do and it’s so easy if you’re able to donate blood,” Audrey said. “It just gives you confirmation that what you’re doing is important.”

Our Mission

Our mission is to provide a quality blood supply, in a timely manner, at the lowest reasonable fee, while remaining accountable to the local community, blood donors, and health care providers.
Partnership Perks

CBCO gives back to our high school partners

High school students represent the volunteer blood donors of the future. By choosing to roll up a sleeve, students begin a lifesaving habit that will last a lifetime. Community Blood Center of the Ozarks recognizes the importance of this decision and has developed programs to support high schools in our mutual efforts to serve the community.

Leadership Workshops

At the start of each school year, student leaders from across our area come together to participate in a half-day of interactive fun and productivity aimed at teaching the basics of hosting a successful event. CBCO Leadership Workshops are designed to provide student leaders with an opportunity to learn valuable skills – teamwork, managing an event timeline, creative collaboration, identifying strengths and skills. The workshops also provide opportunities for interaction with students from other schools, all while having a good time.

High School Throwdown Showdown

Another way your school can earn some much-needed funds is to be the champion of blood donations in your category. Schools will be divided into 4 divisions and the school in each division with the most blood donations will earn $1000! *:

- Large
- Medium
- Small
- Extra Small

(by grade 9 - 12 enrollment)

* Blood drive/s must be hosted between June 1 and May 3
Community Blood Center of the Ozarks
High School Donorship Program 2023/24

Earn money to use toward scholarships for your students while also instilling the importance of supporting your community! CBCO’s Donorship Program rewards schools for their invaluable role in helping to ensure your local hospitals have the lifesaving blood they need. In partnership with area hospitals, CBCO is able to offer the following donorship rewards based on the total number of successful donations annually from your school’s blood drives.

Requirements:
• Blood drives must be held between June 1, 2023 and May 31, 2024.
• Schools must hold at least two blood drives.
• Only blood drives with a minimum of 20 successful donors will be counted toward donorship rewards.
• School will be responsible for determining distribution of donorship.

Your Plan for Success
“If you can dream it, you can do it!” But not without a good plan. How much would you like to earn for your school this year? Use the tools below and the best practices on the back of this sheet to write your own check. BONUS - you’ll be doing something great for your community as well.

<table>
<thead>
<tr>
<th>Drive Date</th>
<th>Sign-Up Goal</th>
<th># of Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Drive Date</th>
<th>Sign-Up Goal</th>
<th># of Donors</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
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</tr>
</tbody>
</table>

Donorship Amount | Total Number of Successful Donors

| $300 | 40 - 79 |
| $500 | 80 - 119 |
| $750 | 120 – 199 |
| $1,000 | 200 – 299 |
| $1,500 | 300 – 499 |
| $2,000 | 500+ |

Date ____________________

Pay to the Order of ________________________________________________________________

For ________________________________________________________________
Blood Drive Committee Roles

Student Blood Drive Chairperson – Name:________________________________________________
Characteristics - leader, listens to others, team player, positive, encouraging, prioritizes, detail oriented
Coordinates and oversees event from planning to day-of. (Faculty sponsor should supervise, but a student leader should be selected). Constant contact with CBCO Blood Drive Consultant, and Committee Chairs.

Recruitment Chairperson – Name:_______________________________________________________
Characteristics – outgoing, persuasive, charismatic
Leads recruitment efforts to get students signed up and committed BEFORE the blood drive, such as contests, challenges, speaking opportunities, and sign-up tables. Focus on filling all appointment slots and alerting Student Chairperson or Faculty Sponsor of any issues.

Publicity Chairperson – Name:________________________________________________________
Characteristics - high energy role, able to create “buzz”, strategic
Responsible for advertising/promoting the event using all available tools and resources - hanging posters, social media, websites, school newspapers/media, flyers and table tents, PA announcements at school/sporting events, wearing the blood drop costume, school texts, emails, all calls.

Operations Chairperson – Name:________________________________________________________
Characteristics – organized, task oriented, takes direction
Responsible for all site responsibilities/logistics – make sure site is clean, get floor coverings in place if necessary, make sure room temperature is 68 - 72°F, make sure tables and chairs are set up, be available before and after the blood drive for set-up and clean-up, organize any volunteers.

Example Volunteer Tasks (can add these to your timeline/checklist):

<table>
<thead>
<tr>
<th>Student Chairperson</th>
<th>Recruitment Chair</th>
<th>Publicity Chair</th>
<th>Operations Chair</th>
</tr>
</thead>
<tbody>
<tr>
<td>Committee mtgs</td>
<td>Sign-up table</td>
<td>Make videos</td>
<td>Canteen (snacks)</td>
</tr>
<tr>
<td>Manage timeline</td>
<td>Class presentations</td>
<td>Manage social media</td>
<td>Escort donors to canteen/class</td>
</tr>
<tr>
<td>Assign roles/tasks</td>
<td>Tracking competitions</td>
<td>Half-pint costume</td>
<td>Entertainment @ blood drive</td>
</tr>
<tr>
<td></td>
<td>Managing 16-yr old consent forms</td>
<td>Hang up posters</td>
<td>Set up room</td>
</tr>
</tbody>
</table>

The Blood Drive Crew
Blood Drive Event Timeline/Checklist

To help ensure a successful event, follow this timeline for success. Don’t forget to use your tools from the High School Workshop!

Date of blood drive_______________

Donation Goal_____________    Sign-Up Goal_____________

Why wait?

- Confirm blood drive dates/hours with your CBCO Blood Drive Consultant and school administration/leadership.
- Check your school’s calendar to avoid conflicts with other activities.
- Reserve the blood drive site.

4 weeks out    Date___________

- Get your blood drive committee together to discuss goals, theme, timeline, assignments, and recruitment plan.
- Contact CBCO Blood Drive Consultant to schedule recruitment presentation.

3 weeks out    Date___________

- Make presentations at club or organization meetings.
- Put out promotional materials.

2 weeks out    Date___________

- Begin active one-on-one recruitment and sign-up tables.
- Make donor appointments (online, Google Doc, paper schedule, etc.).
- Hand out parental consent forms to 16-year-old donors. Go to www.cbco.org and click STUDENTS, and then click PARENTAL CONSENT.
- Promote on social media.
- Get on schedule for school all-call and texts.
- Notify local and/or school media outlets.
1 week out  

- Remind 16-year-old donors to return consent forms.
- Begin daily countdown on social media.
- Make sure all day-of blood drive assignments are covered.
- ____________________________________________________________
- ____________________________________________________________

Day Before Blood Drive  

- Reminder announcements for donors (bring ID, eat/drink well, last-minute 16-year-old donor parental consent forms).
- Make sure site is cleared and ready (tables, chairs, trash cans, etc.).
- Ensure room is set at temperature.
- ____________________________________________________________
- ____________________________________________________________

Day of Blood Drive  

- Have sign-up sheet ready.
- Give 16-year-old donor parental consent forms to CBCO staff.
- CBCO staff will arrive one hour before drive begins to set up.
- Have volunteers on hand to help with clean-up after blood drive.
- ____________________________________________________________
- ____________________________________________________________

Post-Event  

- Thank any sponsors or supporters who were involved.
- Confirm your next blood drive date with CBCO Blood Drive Consultant.
- Write a synopsis of the blood drive for Administration and school media.
- Follow through with any competition announcements/rewards.
- Send out school-wide donor recognition and thanks.
- ____________________________________________________________
- ____________________________________________________________
Recruitment Plan vs Marketing Plan

Marketing Plan

A good marketing plan will help create “buzz” about your event. The goal is to increase awareness, to educate, and to remind. Communication is key!

People need to know about your event if you want them to attend. Make sure you’ve covered all the different ways to share information, raise awareness and create interest about your event.

It’s time to BRAINSTORM!!! (Work as a team to identify marketing opportunities in each category)

Get creative:

- Think about creative ways to get people’s attention.
- Use inspiration from campaigns that caught your attention or stood out in some way.
- Highlight the things you think will persuade people (saving lives, patient story, free T-shirt, snacks, etc.).

Use all of your tools:

- Choose which marketing materials will be most effective (refer to Marketing Tools example sheet).
- Utilize all communication methods within your school (and community, if open to public).
- Ask people at the blood drive how they heard about it or what brought them in to determine most effective marketing tools/methods.
Recruitment Plan

The #1 reason people don’t give blood is because they weren’t asked. You can have the best marketing plan but fail to reach your donation goal without a great recruitment plan.

Making the “ASK”:
- Classroom presentations with appointment sheet
- Lunchroom sign-up tables
- Sign-up tables at sporting events or other school events

We’re all in this together:
- What’s your donation goal?
  - Discuss with your Blood Drive Consultant
    - Donation Goal __________
    - Add 25% to get the number of people you need to sign up to be able to achieve your donation goal (account for deferrals, no-shows, etc.).
    - Donation Goal x 1.25 = ___________ sign-up goal.
- Everyone can do their part:
  - Divide the number of sign-ups needed by the number of people on your committee.
  - Sign-up goal ___ ÷ number of committee members ___ = ___ donors for each person to sign up.
- How’s it growing?:
  - Other groups have influence with different/new audiences
  - These can be student groups, community groups, parent groups, etc
  - Think of at least one NEW group to partner with to help grow your blood drive

<table>
<thead>
<tr>
<th>Target Group</th>
<th>What Are You Asking Them To Do?</th>
<th>What Do They Need From You?</th>
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Marketing Tools
Talking About Your Blood Drive on Social Media

Did you know that at least 10 percent of our total donors saw blood drive advertisements on social media? Your preferred apps can be an incredible tool to help recruit fellow lifesavers. To make things a bit easier, here are a few suggestions on how you can talk about your drive.

- You know your school and your friends better than anyone. Ask yourselves “What kinds of posts would MY FRIENDS want to see? What is going to make MY FRIENDS want to give blood?” Once you have your answer, build your social media messages around that.

Some people give blood purely because they want to help other people.
- Focus on the facts of giving blood. Mention how each donation can save three lives. Emphasize that even a first-time donor can help save a life.
- Is there a student or teacher in your school who has benefitted from a blood transfusion? Do they have a family member who has benefitted? Would they be willing to share their story to help encourage donations?

Some people give blood because they want to get something in return.
- Focus on the incentive items for donating. See if your school’s mascot, or one of your favorite teachers, will wear one of that month’s T-shirts.

- We recommend posting multiple times about the drive. We suggest the following schedule: Two weeks before, one week before, three days before day before and day of.

- People ignore messages that are repetitive or boring. If you’re posting about the drive more than once, adjust your messages so each post has a slightly different approach.

- Many things in this guide could be converted into a social media post. One post might focus on fun facts, another might focus on donation tips and a third might focus on Thank The Donor stories. What would YOUR FRIENDS want to see?

- Be sure to include the date, time and location of your blood drive in ALL your posts. Include information on how to sign up – don’t assume people have seen it before!

- If your drive is closed to the public, include some variation of “Students, faculty and staff only” in your posts. This helps ensure no one from outside your school tries to attend.

- Instagram has a built-in “Reminder” feature. Look for “Add Reminder” on the final screen before making a post. Enter your event title (we suggest “_______ Blood Drive”) and your start date and time. Users can get a reminder as the blood drive approaches.

- The more people see your posts, the more likely they are to donate. Encourage club members, friends and school leaders to share blood drive posts on their profiles.

- We love to see all the fun and creative ways students promote blood drives! Tag or mention @OzarksBlood in posts on TikTok, Instagram, Facebook, Twitter and YouTube!
Influence - Overcoming Objections

The number one reason people don’t donate blood is….. **They weren’t asked!** As student blood drive leaders, your job is to ask people to give. When you do, you’re likely to hear all sorts of reasons people are reluctant to give. Here are some common objections and what you might say to win a potential donor over.

“I don’t like needles.”
Most people don’t like needles and will feel nervous about donating blood for the first time. Tell the potential donor they don’t have to look. Tell them how good they’ll feel after they save a life.

“I’m afraid it might hurt.”
Most donors report little or no pain during the donation. Blood donation is a momentary discomfort for the donor that can provide a lifetime of difference for a patient. What they will feel is slight and temporary compared to what the patient who needs it is going through.

“I’m afraid I might pass out.”
The majority of donors don’t experience problems when they give. Most post-donation problems can be avoided by eating right and hydrating yourself before and after the donation takes place.

“I don’t have time.”
We all lead busy lives. But when you consider the lifesaving impact blood can have, the time spent is well worth it. In less than an hour, your donation can have a profound effect on others. Won’t you take an hour out of your day to save lives?

“I had a bad experience the last time I donated.”
Encourage the donor to try again and speak with CBCO staff about any issues or concerns from the last experience. Donors are welcome to call 417-227-5000 if they have any questions or concerns.

Inform - Tips to prepare for a successful donation

Giving blood is a healthy and safe way to have a positive effect on your community. There are several things you can do before, during, and after you give that will help to ensure a pleasant experience.

1. **Drink plenty of water the night before and morning that you donate.** The leading cause of faintness and dizziness is a drop in blood pressure. Getting lots of water into your body helps keep your blood pressure up. Don’t drink caffeinated beverages, however, as they actually cause your body to expel water.

2. **Eat a good breakfast on the day of the drive** to help keep your blood sugar up. This will help you feel better after you donate blood and ward off any light-headedness.

3. **Eat iron-rich foods for a couple of weeks before your appointment.** Some good examples include spinach, whole grains, eggs, and beef. Also, Vitamin C helps increase iron absorption. Your iron level will be tested before you donate to protect you from donating blood you really need, and to ensure that recipients receive a potent product.
Inspire - “Thank the Donor” Stories

CBCO’s Thank-The-Donor™ program allows blood donor recipients and family members to send anonymous “thank you” messages to the very donors who provided the blood that they received. When a patient who received blood sends his or her message of thanks through the Thank-The-Donor™ portal, CBCO staff members match the message to the appropriate donor, and share that message with the donor. It’s a great way to let patients express gratitude while inspiring donors to continue giving.

Many patients give us permission to share their Thank-The-Donor™ messages, and you may use these to help inspire donors to participate in your blood drive. Plus, if you’re a CBCO blood donor, you could receive one of these heartfelt messages of appreciation directly from the person who received your gift of life!

“I just wanted to take the time to say thank you for your blood donation! It helped me tremendously in my recovery after I had to have emergency surgery from a ruptured ectopic pregnancy. It has been a slow recovery, but without your donation I would be far worse. Thank you so much!

TO A DONOR AT PLEASANT HOPE HIGH SCHOOL AND ST. JAMES HIGH SCHOOL

“Thank you so much for this life-saving blood! Our mom is chronically ill and has been fighting for her life for the last six months. Your donation has made a difference for our family!

TO A DONOR AT HAR-BER HIGH SCHOOL

“Thank you for donating! We have a very well-loved person receiving your blood. She is a Mom, a Mimi, a great Mimi, an aunt and a sister. She is young at heart, spunky and so fun. The bright light of our family. When she got connected to the IV, she said she hopes her blood came from a young, beautiful woman and will make her look young again, haha. She asked me to thank you so much for helping her in this time of need. (By the way, if you’re a man, she is just as appreciative.) :)

TO A DONOR AT HOLLISTER HIGH SCHOOL

“Hello, today my grandmother was able to receive a small blood transfusion due to low hemoglobin levels. We want to thank the donor for donating blood. Thank you all for everything you do.

TO A DONOR AT SOUTHEAST HIGH SCHOOL
Blood Fun Facts

What month is declared National Blood Donor Month by the President of the United States?
January

How many blood types do cows have?
800 and possibly more.

How many red cells are in one pint of blood?
2.4 trillion.

How many red blood cells are manufactured each second by the human body?
2-4 million per second.

In what United States war were the first two transfusion events recorded?
In the Civil War, a syringed direct transfusion was successfully performed on two occasions. Since there had been no identification of blood groups at the time, the success of the transfusions would have to be attributed to luck rather than skill.

What is the size of a red blood cell?
7 to 8 microns. A micron is one millionth of a meter.

When were the four blood types identified in humans?
In 1901, the four basic blood types were identified by Karl Landsteiner, dramatically improving the success of blood transfusions. The four types identified are A, B, AB, and O.

Throughout how many miles of blood vessels do blood cells travel?
Approximately 70,000 miles of vessels every 20 seconds.

What is the average lifespan of a single red blood cell?
Approximately 120 days.

The first authentic transfusion was recorded in England in 1665 when what animal was kept alive by transfusions?
Man’s best friend, a dog.

Who performed the first modern transfusion?
James Blundell, an English obstetrician, in 1818.

DID YOU KNOW?

Every seven minutes, an Ozarks area hospital patient receives a blood transfusion supplied by a CBCO donor.

It takes around 200 blood donations every day to meet the needs of Ozarks area patients.

You can donate whole blood once every 56 days. That’s six times per year. The average donor donates less than two times per year.

A whole blood donation is split into three components (red cells, platelets, plasma) before it goes to the hospital.

That’s why just one blood donation can save multiple lives!

Community Blood Center of the Ozarks is the sole provider of blood to our area hospitals.
If you are injured and need a blood transfusion, what types of blood may you safely receive?

Did you know that your parents affect your blood type?

Here’s a couple of charts that show what type you may inherit and the blood types that you may receive!

Out of every 100 blood donors....

<table>
<thead>
<tr>
<th>Blood Type</th>
<th>Count</th>
<th>Blood Type</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>34 are A+</td>
<td>B</td>
<td>8 1/2 are B+</td>
</tr>
<tr>
<td>A-</td>
<td>6 are A-</td>
<td>AB</td>
<td>3 1/2 are AB+</td>
</tr>
<tr>
<td>O</td>
<td>39 are O+</td>
<td>O-</td>
<td>7 are O-</td>
</tr>
<tr>
<td>AB</td>
<td></td>
<td>B-</td>
<td>1/2 are AB-</td>
</tr>
</tbody>
</table>
Can I donate blood today?

Answers to commonly asked questions about health issues and medications related to blood donation

It’s estimated that 60% of Americans are eligible to donate blood, but only about 5% do so. Donating blood is such an easy way to have a genuine impact on the lives of others.

In addition to the basic requirements, some medical conditions and prescription medicines may affect your eligibility to donate. Below is a listing of some common conditions and medicines, and how they relate to blood donation. This list is not all-inclusive. Even though most medicines will not defer you from donating blood, please know the name and dosages of the medicines you take. If you have a question regarding your eligibility and would like to discuss it with blood center staff, please call 800-280-5337.

<table>
<thead>
<tr>
<th>Donor Eligibility Information</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Allergy, diuretics, diet medications</td>
<td>can donate</td>
</tr>
<tr>
<td>Antibiotics, injectable</td>
<td>14-day deferral</td>
</tr>
<tr>
<td>Antibiotics, oral for acne (non-penicillin derived)</td>
<td>can donate</td>
</tr>
<tr>
<td>Antibiotics, oral for infection</td>
<td>can donate after medication complete and free from illness</td>
</tr>
<tr>
<td>Blood pressure medication</td>
<td>can donate</td>
</tr>
<tr>
<td>Cancer</td>
<td>contact CBCO</td>
</tr>
<tr>
<td>Positive test or symptoms of COVID-19</td>
<td>10-day deferral</td>
</tr>
<tr>
<td>Active colds and flu</td>
<td>cannot donate</td>
</tr>
<tr>
<td>Diabetes, controlled</td>
<td>can donate</td>
</tr>
<tr>
<td>COVID-19 vaccine</td>
<td>Eligible to donate if mRNA (Pfizer and Moderna) or Inactivated type (Johnson &amp; Johnson). If Live Attenuated or Unknown type there is a 2 week deferral from last dose.</td>
</tr>
<tr>
<td>Flu vaccine</td>
<td>can donate</td>
</tr>
<tr>
<td>Hepatitis B vaccination</td>
<td>4-week deferral</td>
</tr>
<tr>
<td>Measles, Mumps, Rubella vaccination</td>
<td>4-week deferral</td>
</tr>
<tr>
<td>Menstruation</td>
<td>can donate</td>
</tr>
<tr>
<td>Piercing, must have used single-use equipment</td>
<td>can donate</td>
</tr>
<tr>
<td>Pregnancy</td>
<td>six week deferral after delivery, miscarriage, or abortion</td>
</tr>
<tr>
<td>Surgery, without transfusion</td>
<td>can donate after release from physician’s care</td>
</tr>
<tr>
<td>Surgery, with transfusion</td>
<td>3-month deferral</td>
</tr>
<tr>
<td>Tattoo, in licensed facility in MO, KS, AR</td>
<td>can donate</td>
</tr>
<tr>
<td>(check with CBCO for info on other states)</td>
<td></td>
</tr>
<tr>
<td>Tranquilizers, over-the-counter pain relievers</td>
<td>must be feeling well and healthy</td>
</tr>
<tr>
<td>Travel for more than 24 hours to area endemic for malaria</td>
<td>3-month deferral</td>
</tr>
</tbody>
</table>

Do you still have questions? We have the answers to all of your donor eligibility concerns.

(417) 227-5000 or (800) 280-5337
Great deeds lead to great gifts, all online at CBCO!

The LifePoints Local store is Community Blood Center of the Ozarks’ donor reward program. LifePoints are given to blood donors each time they give. LifePoints may be redeemed online for gift items and gift cards from some of your favorite places!

Once a donor registers on our online donor portal, they’ll be able to track their LifePoints totals and redeem them in our easy-to-use donor store.

Collect Lifepoints. Earn rewards.

LifePoints may be redeemed for great donor rewards! Some redemption options include:

- $25.00 Walmart, Bass Pro, Culver’s, or Dairy Queen gift card
- $10.00 Walmart, Bass Pro, Culver’s or Dairy Queen gift card
- $5.00 Walmart, Culver’s or Dairy Queen gift card
- LifePoints Lift: A donation to one of our local charity partners in the Ozarks

CBCO’s LifePoints Lift program allows you to donate your LifePoints to a local not-for-profit organization. Just choose this option instead of redeeming your LifePoints for one of the other redemption options, select a not-for-profit from the list provided, and we convert your LifePoints to cash and present the funds to the organization to help them work toward their mission of making our communities even better.

For more information on how the LifePoints program works, visit www.cbco.org.
Donation Process

Donating blood is easy! Four simple steps will transform you from citizen to hero in less than an hour.

**Step 1**

**Registration**

Answer a few questions so we can determine your eligibility to donate. NOTE: To save time at the blood drive, you may answer these questions the day of your donation using our QuickPass and your computer, tablet, or smartphone.

**Step 2**

**Health History**

A mini-physical includes checking your temperature, blood pressure, and pulse. We’ll take a small drop of blood from your finger to check your hemoglobin (iron) level.

**Step 3**

**Donation**

The actual blood donation takes fewer than 10 minutes. You just helped up to three local patients in need!

**Step 4**

**Refreshments**

Have a snack and a beverage while you rest for a few minutes. Did you know you’ll be eligible to donate whole blood again in eight weeks? We’ll see you then.
Our QuickPass system lets you start the registration process before you ever arrive at the blood drive. You’ll answer our required health history questions independently, from home or school, the day of your blood drive. We think you’ll find the process quick, easy, and efficient!

With QuickPass, you can go online using your own computer, smartphone, or tablet to complete the donor questionnaire. This allows you to skip registration when you arrive at the blood drive and move on to the next step, rather than waiting your turn to answer the same questions.

Our computer system will walk you through each question with photos and text. When you’re finished, you’ll receive a unique bar code that you’ll need to take to the blood drive with you. Before exiting the system, you will be asked if you would like to print the bar code or email it to yourself. This is a critically important step! The QuickPass barcode is what we will use at the blood drive or donor center to access your responses. We can’t access your QuickPass responses at the blood drive unless you bring a printed copy or email it to yourself for access from your smartphone.

With a few minutes invested before you get to the blood drive, your donation process will potentially be shortened, with less time spent out of class.

To take advantage of QuickPass, visit www.cbco.org the day of your blood drive. You’ll see a link to click that will take you through the process.

Please Note: Using QuickPass is not the same as setting up an appointment to donate blood.
Arkansas Children's Northwest
Springdale, AR
Cedar County Memorial Hospital
El Dorado Springs, MO
Citizen's Memorial Hospital
Boiling, MO
Cox Barton County Hospital
Lamar, MO
CoxHealth North
Springfield, MO
CoxHealth South
Springfield, MO
Cox Medical Center Branson
Branson, MO
Cox Monett Hospital
Monett, MO
Eureka Springs Hospital
Eureka Springs, AR
Freeman Hospital East
Joplin, MO
Freeman Hospital West
Joplin, MO
Freeman Neosho Hospital
Neosho, MO
Lake Regional Health System
Osage Beach, MO
Landmark Hospital of Joplin
Joplin, MO
Mercy Hospital Aurora
Aurora, MO
Mercy Hospital Berryville
Berryville, AR
Mercy Hospital Carthage
Carthage, MO
Mercy Hospital Cassville
Cassville, MO
Mercy Hospital Columbus
Columbus, KS
Mercy Hospital Joplin
Joplin, MO
Mercy Hospital Lebanon
Lebanon, MO
Mercy Hospital Northwest Arkansas
Rogers, AR
Mercy Hospital Springfield
Springfield, MO
Mercy Hospital St. Francis
Mt. View, MO
Mercy Orthopedic Hospital Springfield
Ozark, MO
Meyer Orthopedic & Rehabilitation Hospital
Springfield, MO
Military Health Systems Command
Falls Church, VA
Nevada Regional Medical Center
Nevada, MO
North Arkansas Regional Medical Center
Harrison, AR
Northwest Medical Center
Bentonville, AR
Northwest Medical Center
Springdale, AR
Ozarks Community Hospital
Gravette, AR
Ozarks Community Hospital
Springfield, MO
Ozarks Medical Center
West Plains, MO
Phelps County Regional Medical Center
Rolla, MO
Physicians Specialty Hospital
Fayetteville, AR
Salem Memorial District Hospital
Salem, MO
Select Specialty Hospital
Springfield, MO
Siloa Springs Memorial Hospital
Siloa Springs, AR
Texas County Memorial Hospital
Houston, MO
U.S. Medical Center for Federal Prisoners
Springfield, MO
Veterans Health Care System of the Ozarks
Fayetteville, AR
Washington Regional Medical Center
Fayetteville, AR
Willow Creek Women's Hospital
Fayetteville, AR
Air Methods, an Air Medical Transport service
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